

WHAT QUALIFICATIONS DO I NEED TO BE A VOLUNTEER?

Most of our volunteer roles don't require formal qualifications and we provide training, support and guidance to ensure you gain value from and enjoy your experience.

We ask that all of our volunteers provide valid identification, apply for a National Volunteer Police Clearance and complete an application form.

Personal qualities that volunteers can bring to their roles are:

- Empathy
- Dependability and punctuality
- Adaptability
- Being a good listener
- Able to work in a team environment

**Thank you for supporting
the work of
Parkinson's WA
through volunteering!**

BENEFITS OF VOLUNTEERING

People volunteer for a number of reasons.

A win-win situation is created when the volunteer and Parkinson's WA both benefit from the experience.

Benefits of volunteering include:

- A sense of achievement from contributing to the community
- Increased self-esteem
- Sense of camaraderie, increased feelings of happiness and peace
- Learning and developing new skills
- Adding the experience to your CV
- Enhanced career options
- Increased knowledge of the condition
- Making new friends, developing contacts and networks
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February 2021

in brief

VOLUNTEERING



www.parkinsonswa.org.au

PARKINSON'S WA

Parkinson's WA is the peak body and not for profit organisation that provides much needed support to more than 20,000 people living with or affected by Parkinson's in Western Australia.

Parkinson's WA is committed to providing relevant and quality services to maintain the well-being, dignity and quality of life for those diagnosed or impacted by the condition.

Parkinson's is one of the most common and complex progressive neurological conditions in the world and unfortunately there is no cure.

Our Parkinson's Nurse Specialist Service, community engagement programs and commitment to research demonstrates that no-one with Parkinson's should be alone.

HOW CAN YOU HELP?

There are many ways to help support Parkinson's WA with your time and/or skills and Parkinson's WA is always grateful to receive assistance from volunteers.

Not everyone is in the position to provide financial support when donating to a charity but we know your time is just as valuable.

Our volunteers assist us to minimise administration costs and ensure that more of the money we raise goes directly to helping people living with Parkinson's in our state.

VOLUNTEERING WITH PARKINSON'S WA

If you are interested in giving your spare time or special skills, here are some of the areas where we are looking for volunteers:

- "A Walk in the Park" at Perry Lakes (September each year)
- Special events
- Support Groups - metropolitan and regional areas
- Administration and office support such as newsletter and appeal mail outs
- Some marketing activities (photography, videography)

We suggest that you contact our staff at Parkinson's WA on (08) 6457 7373 prior to progressing your application and we can discuss with you what vacancies are currently available.

HOW TO VOLUNTEER

If you are interested in volunteering, please complete this registration form and return it to the office or send an email to:

info@parkinsonswa.org.au

For more information and to register on-line, visit www.parkinsonswa.org.au and go to the volunteering page.

Name: _____

Address: _____

Email: _____

Contact No: _____

How can you help Parkinson's WA through volunteering?
